

II	D.C. Machines: Review of constructional features, Methods of excitation, Voltage and torque equations, Operation as generator, characteristics, Armature reaction, Commutation. Operation as a Motor, characteristics. Starter, speed control, Losses and Efficiency.	8	CO2	
III	Three phase Induction motor: Review of constructional details, equivalent circuit, Power flow diagram, Phasor diagram and characteristics..	8	CO3	
IV	Performance of Induction motor. Starting Methods, Power factor Control (schrage motor), open circuit test and short circuit test, Speed control, Double cage & Deep bar Induction Motor.	7	CO4	
V	Single Phase Motors: Double revolving field theory, equivalent circuit, characteristics, performance and starting methods of single phase motor.	7	CO5	
Expert Lecture				
Total Hours		40		
Suggestive list of experiments:				
<ol style="list-style-type: none"> 1) Verification of 3 phase transformer configurations viz \bar{Y}/\bar{Y}, Δ/Δ, \bar{Y}/Δ, Δ/\bar{Y}, open delta etc.(CO1) 2) To perform an open circuit and short test on 1 phase induction motor and to draw the equivalent circuit diagram. (C05) 3) To perform a load test on 3 phase induction motor and to draw its performance characteristics (C03). 4) To perform open circuit and short circuit test on 3 phase induction motors and to draw the circle diagram.(C04). 5) To perform no-load test on DC Machine (Swinburne's test) to find its efficiency at any load (C02). 6) Speed control of DC shunt motor by field weakening and armature rheostatic control method (C02). 7) No-load test on Schrage motor (3 phase inverted induction motor) and to draw graph between injected EMF Vs speed.(C04). 8) Study of DC motor starter (CO4). 9) Study of three phase induction motor starter (CO4). 10) Study of starting method of single phase induction motor (CO5). 				
Text Book-				
<ol style="list-style-type: none"> 1. Nagrath and Kothari, "Electrical Machines", Tata McGraw-Hill Education 2. Dr. P.S. Bimbhra, Electrical Machines, Khanna publishers. 				
Reference Books-				
<ol style="list-style-type: none"> 1. Electrical Machines- Ashfaq Hussain. Dhanpat Rai Publication. 2. Dr. P. S. Bimbhra, Generalized Theory of Electrical Machines khanna publishers 3. J. B. Gupta, Rajeev Manglik, Rohit Manglik, Theory and Performance of Electrical Machines S.K Kataria and sons 4. R. K. Rajput "Electrical Machine " - Laxmi Publication 5. V.Del Toro, "Electrical Machines & Power Systems", 1985, Prentice-Hall, Inc., Englewood Cliffs. 6. V.Del Toro, "Electro mechanical Devices for Energy Conversion & Control Systems", PHI Pvt. Ltd.1975. 				
Modes of Evaluation and Rubric				
Theory (60)	Attendance (10)	Midsem (10 + 10)	Performance (10)	Total (100)
Practical (30)	Attendance (10)	Viva/lab performance (10)		Total (50)

Signature of BoS members:



List/Links of e-learning resource	
• NPTEL	
Recommendation by Board of studies on	7 th June 2023
Approval by Academic council on	
Compiled and designed by	Prof. C S Sharma/Dr. Jitendra Kumar Tandekar
Subject handled by department	Electrical Engg.

Signature of BoS members:

A series of handwritten signatures in black ink, arranged horizontally. The signatures are stylized and vary in length and complexity, representing the members of the Board of Studies.

 <p style="text-align: center;">SAMRAT ASHOK TECHNOLOGICAL INSTITUTE (Engineering College), VIDISHA M.P. (An Autonomous Institute Affiliated to RGPV Bhopal) Department of Electrical Engineering</p>											
Semester/Year			III /II	Program				B.Tech			
Subject Category	Departmental Course		Subject Code:	EE 302	Subject Name:			Electronics-II			
Maximum Marks Allotted								Contact Hours			Total Credits
Theory				Practical			Total Marks	L	T	P	
ES	MS	Quiz	Assig	ES	LW	Quiz					
60	20	10	10	30	10	10	150	3	0	2	4
Prerequisites:											
Basic Electronics, Network Analysis											
Course Objective:											
<ol style="list-style-type: none"> 1. The objective of the subject is to provide students with the importance of Electronics as a subject. 2. To familiarize the importance of the operational amplifier, designing and developing circuits using operational amplifiers like summer, differentiator, integrator, instrumentation amplifier etc use and application of timer circuit. 3. Able to use OPM as a function generator, comparator A to D & D to A convertors, VCO, precision rectifiers 4. Familiarize students with logic families. 5. Provide knowledge for students with an understanding of active filter design. 											
Course Outcomes:											
<p>At the end of this course, students will demonstrate the ability to</p> <p>CO1: Illustrate the transistor and other semi-controlled device as logic gates</p> <p>CO2: Understand and analyze operation of Operational amplifier.</p> <p>CO3: Acquire knowledge and analyze operational amplifier with its application.</p> <p>CO4: Explore additional application of op-Amp such as VCO, precision rectifiers, sample and hold circuit, basic op-amp comparator circuit etc</p> <p>CO5: Provide knowledge and designing of active filter.</p>											
UNITs	Descriptions							Hrs	CO's		
I	Digital Logic Families : Digital integrated circuits ,characteristic of digital IC'S, direct coupled transistor logic (DCTL),register transistor logic(RTL), Diode transistor logic (DTL), integrated injection logic(IIL),transistor transistor logic (TTL)ammeter couple the logic (ECL) unipolar logic family PMOS, NMOS and CMOS circuits .							7	CO1		

Signature of BoS members:



II	Introduction, Differential Amplifier, Differential Amplifier Circuit Configuration, Dual-Input, Balanced – Output Differential amplifier , Dual –Input , Unbalanced – Output Differential Amplifier, Single – Input, Balanced – Output Differential amplifier, Single – Input, Unbalanced – Output Differential amplifier.	9	CO2
III	Introduction, Block Diagram Representation of a Typical OP-Amp, Operational amplifier characteristics, slew rate, bandwidth, offset voltage, basic applications inverting, non inverting amplifier and its application summing amplifier, differentiator, integrator, differential amplifier, instrumentation amplifier, log and antilog amplifier, voltage to current and current to voltage converters, comparators Schmitt trigger.	9	CO3
IV	Voltage Controlled Oscillator, precision rectifiers, sample and hold circuit, basic op-amp comparator circuit, zero crossing detector, function generator, peak detectors, analog and digital converters and digital to analog converters.	8	CO4
V	Active filters, LPF, HPF, BPF, BEF, All pass filter, higher order filters & their design, switched capacitor filters, 555 timer and its applications, phase locked ICs (PLL).	7	CO5
Expert Lecture			
Total Hours		40	
Suggestive list of experiments:			
<ol style="list-style-type: none"> 1. To test the transistor as NOT gat, then apply it to form RTL and DTL logic family. (CO1) 2. To study operational amplifier as inverting & non inverting amplifier & calculate gain. (CO2) 3. To study and observe operational amplifier as a differentiator and integrator. (CO2) 4. To study and observe operational amplifiers as summing amplifier & difference amplifiers. (CO2) 5. To study operational amplifiers as comparator & Schmitt trigger. (CO3) 6. To design operational amplifier circuit for scaling and averaging. (CO3) 7. To study and design the active first order low pass filter and determine the frequency & gain. (CO3) 8. To Study and perform the conversion using the A/D and D/A converter. (CO4) 9. To study and design the active first order High pass filter and determine the frequency & gain. (CO5) 10. To study and design the active second order low pass filter and determine the frequency and gain.(CO5) 			
Text Book-			
<ol style="list-style-type: none"> 1. K.R.Botkar Integrated Circuits, Khanna Publishers. 2. Gaikward RA; OP- Amp and linear Integrated circuits; PHI 			
Reference Books-			
<ol style="list-style-type: none"> 1. Bogart; Electronic Devices and Circuits; Universal Book Stall, New Delhi 2. I.J. Nagrath; Electronics -Analog and Digital; PHI 3. Tobby; OP- Amps their design and Application 4. Salivahanan; Linear Integrated Circuits; TMH 5. Linear Integrated Circuits :D. Raychowdhary and Shail Jain 			

Signature of BoS members:

Modes of Evaluation and Rubric				
Theory (60)	Attendance (10)	Midsem (10 + 10)	Performance (10)	Total (100)
Practical (30)	Attendance (10)	Viva/lab performance (10)		Total (50)
List/Links of e-learning resource				
<ul style="list-style-type: none"> NPTEL 				
Recommendation by Board of studies on			7 th June 2023	
Approval by Academic council on				
Compiled and designed by			Prof. Deepti Jain	
Subject handled by department			Electrical Engg. Department	

Signature of BoS members:



A series of handwritten signatures in black ink, arranged horizontally. The signatures are stylized and vary in length and complexity, representing the members of the Board of Studies.

 SAMRAT ASHOK TECHNOLOGICAL INSTITUTE (Engineering College), VIDISHA M.P. (An Autonomous Institute Affiliated to RGPV Bhopal) Department of Electrical Engineering											
Semester/Year		II /II		Program				B.Tech			
Subject Category	Departmental Course	Subject Code:	EE 303		Subject Name:		Network Analysis				
Maximum Marks Allotted								Contact Hours			Total Credits
Theory				Practical			Total Marks	L	T	P	
ES	MS	Quiz	Assig	ES	LW	Quiz					L
60	20	10	10	30	10	10	150	3	0	2	4
Prerequisites:											
Basic physics, calculus and fundamental of Electrical Engineering.											
Course Objective:											
1. To solve different complex circuits using various network reduction techniques such as Source Transformation, Network theorems etc. 2. To understand basic concepts of DC and AC circuit behaviour. 3. To analyze the transient response of series and parallel A.C. circuits and to solve problems in time domain using Laplace Transform. 4. To analyze two port circuit behaviours.											
Course Outcomes:											
At the end of this course, students will demonstrate the ability to: CO1. Acquire and demonstrate the knowledge of circuit elements, different laws and resonating behaviour of circuits. CO2. Apply the knowledge of basic circuit law to simplify the networks using network theorems. CO3. Analyze the RL, RC and RLC circuits using Laplace transform and waveform Synthesis. CO4. Analyze the transient, steady state of RL, RC and RLC circuits for AC and DC excitations. CO5: Analysis of various two port networks with their connection, interrelationships and interconnection of two port networks (with respect to impedance, admittance, hybrid and transmission parameters).											
UNITS	Descriptions							Hrs.	CO's		
I	Introduction to circuit elements Review of AC Circuits, Analysis of magnetically coupled circuits, Mutual and self Inductance, Dot convention, Energy in a Coupled Circuit. Resonant Circuits: Series and parallel resonance, frequency- response of series and Parallel circuits, Q-Factor, Bandwidth							8	CO1		
II	Network Theorems for AC & DC circuits- Review of Thevenin's & Superposition Theorems, Norton's Theorem, , Reciprocity, Compensation, Substitution, Maximum power transfer, and Millman's theorem, Tellegen's theorem, problems with dependent & independent sources.							8	CO2		

Signature of BoS members:



III	Laplace transforms and properties: initial conditions in networks and network solution with Laplace transformation, step, ramp and impulse functions, initial and final value theorem, waveform Synthesis	8	CO3
IV	Network topology, concept of Network graph, Tree, Tree branch & link, Incidence matrix, cut set and tie set matrices. Transient behaviour and initial conditions: Behaviour of circuit elements under switching condition and their Representation, evaluation of initial and final conditions in RL, RC and RLC circuits for AC and DC excitations.	8	CO4
V	Network function & Two port networks –Network & Transfer functions for one port & two ports, poles and zeros, Necessary condition for driving point & transfer function. Two port parameters – Z, Y, ABCD, Hybrid parameters, their inverse & image parameters, relationship between parameters, Interconnection of two ports networks, Terminated two port networks.	8	CO5
Expert Lecture			
Total Hours		40	
Suggestive list of experiments:			
<ol style="list-style-type: none"> 1. To verify the Thevenin's Theorem and determine the current flowing through the load resistance.(CO2) 2. To verify the superposition theorem and determine the current flowing through the load resistance. (CO2) 3. To verify the Maximum Power Transfer Theorem. (CO2) 4. To verify Reciprocity theorem and to determine the current flow through the load resistance. (CO2) 5. To verify Norton's theorem and to determine the current flow through the load resistance. (CO2) 6. To verify the Millman's Theorem. (CO2) 7. To verify the Tellegan's Theorem. (CO2) 8. To construct RL & RC transient circuits and to draw the transient curves. (CO4) 9. To obtain the resonance frequency of the given RLC series electrical network. (CO4) 10. To determine open circuit parameters and short circuit parameter of the given two-port network. (CO5) 11. To calculate and verify 'ABCD' parameters of two-port network. (CO5) 			
TEXT BOOKS:			
<ol style="list-style-type: none"> 1. M.E. Van Valkenburg, Network Analysis, Phi Learning, 3rd Edition, 2010 2. Abhijit Chakrabarti, Circuit theory: Dhanpat Rai & Co. 7th Edition, 2017 			
REFERENCE BOOKS:			
<ol style="list-style-type: none"> 1. William D Stanley : Network Analysis with Applications, Pearson Education, 4th Edition,2013 2. G.K. Mitha; Network Analysis; Khanna Publisher, 14 Edition,1988 3. Roy Choudhary D; Network and systems; New Age Pub,2nd Edition, 2013 4. Russell Mersereau and Joel Jackson, "Circuit Analysis: A Systems Approach; Pearson Pub.2005. 			

Signature of BoS members:



Modes of Evaluation and Rubric				
Theory (60)	Attendance (10)	Midsem (10 + 10)	Performance (10)	Total 100)
Practical (30)	Attendance (10)	Viva/lab performance (10)		Total (50)
List/Links of e-learning resource				
<ul style="list-style-type: none"> • https://archive.nptel.ac.in/courses/108/105/108105159/ 				
Recommendation by Board of studies on		7 th June 2023		
Approval by Academic council on				
Compiled and designed by		Dr. Jeetendra Prasad		
Subject handled by department		Electrical Engg.		

Signature of BoS members:



A series of handwritten signatures in black ink, arranged horizontally. The signatures are stylized and vary in length and complexity, representing the members of the Board of Studies.

 <p style="text-align: center;"> SAMRAT ASHOK TECHNOLOGICAL INSTITUTE (Engineering College), VIDISHA M.P. (An Autonomous Institute Affiliated to RGPV Bhopal) Department of Electrical Engineering </p>											
Semester/Year		III /II		Program				B.Tech			
Subject Category	Departmental Course	Subject Code:		EE 304		Subject Name:		Electrical Instrumentation			
Maximum Marks Allotted								Contact Hours			Total Credits
Theory				Practical			Total Marks	L	T	P	
ES	MS	Quiz	Assig	ES	LW	Quiz					L
60	20	10	10	-	-	-	100	3	1	-	4
Prerequisites:											
Fundamentals of electrical engineering, Engineering Physics.											
Course Objective:											
Impart the knowledge of measurement systems, errors and its analysis. <ol style="list-style-type: none"> 1. Impart the knowledge of measurement systems, errors and its analysis. 2. To provide the knowledge of different types of instruments used in electrical engineering. 3. To provide knowledge of galvanometers, wattmeter, megger, flux meter, multimeter etc. 4. To acquire knowledge of measurement of energy and to understand instrument transformers. 5. To understand power factor meter, resistance measurement and magnetic measurement. 											
Course Outcomes:											
At the end of this course, students will demonstrate the ability to CO1: Able to understand the concept of error in different instruments and its utility CO2: Able to understand the different AC and DC instruments with its features and working. CO3: Analyse the different power measuring instruments for AC and DC CO4: Able to understand the working, type, functioning of different energy meters. CO5: Able to understand and analyse the different bridges required for the measurement of R, L and C.											
Units	Descriptions							Hrs.	CO's		
I	Measurements, significance & method of measurement. Classification of instruments and their application. Static characteristics of instruments. Error & error analysis,. Loading effects, classification of analog instruments, operating principles, operating forces, Galvanometers - Theory & operation of ballistic D'arsonval Vibration galvanometer							9	CO1		
II	Different types of Ammeter & Voltmeter - PMMC, MI, Electrodynamometer, Hotwire, Electrostatic, Induction, Rectifier, Electrothermic, Expression for control & deflection torque, their advantages, disadvantages & error. Extension of range of instruments using shunt & multiplier.							6	CO2		

Signature of BoS members:



III	Instrument transformers - Potential and current transformers, ratio and phase angle errors, Difference between CT and PT. Measurement of power - Power in AC and DC Circuit, Electrodynamic type of wattmeter, Construction, theory, operation & error. Double element and three element dynamometer wattmeter. Measurement of power in three phase circuit by one, two & three wattmeter method.	9	CO3	
IV	Measurement of Energy - Single phase induction type energy meter - construction and operating principle ,errors & compensations - Testing by phantom loading - Three phase energy meter - Maximum demand meter, digital energy meter, power factor meter - Single phase and three phase Electrodynamic type & moving iron type, Net metering and Smart meter	8	CO4	
V	Resistance Measurement -Wheatstone Bridge, Kelvin's double bridge & loss of charge methods for resistance measurement, Earth resistance measurement. Sources and detectors, Use of Bridges for measurement of inductance, Capacitance & Q factor Maxwells bridge, Maxwell's inductance capacitance bridge, Hays bridge, Anderson's bridge, Owen's Bridge, Desauty's Bridge, Schering Bridge, Heaviside cambell's bridge, Weins bridge, Q meter and its applications and measurement methods.	8	CO5	
Expert Lecture				
Total Hours		40		
Suggestive list of experiments:				
No Lab.				
Text Book-				
<ol style="list-style-type: none"> 1. A.K.Sawhney, "A course in Electrical and Electronics Instrumentation". Dhanpat Rai & Co. 2. J.B,Gupta, "Electrical and Electronics Instrumentation". Dhanpat Rai & Co. S,K,Kataria Sons 				
Reference Books-				
<ol style="list-style-type: none"> 1. E W Golding & F C Widdis,,"Electrical Measurement & Measuring Instruments". Vedition, Wheeler Publishing 2. H.S.Kalsi,"Electronics Instrumentation ".TMH 3. R.K. Rajput, "Electrical and Electronics Instrumentation". S,Chand. 				
Modes of Evaluation and Rubric				
Theory (60)	Attendance (10)	Midsem (10 + 10)	Performance (10)	Total (100)
List/Links of e-learning resource				
<ul style="list-style-type: none"> • NPTEL 				
Recommendation by Board of studies on		7th June 2023		
Approval by Academic council on				
Compiled and designed by		Dr. Jitendra Singh Shakya		
Subject handled by department		Electrical Engineering Department		

Signature of BoS members:



 <p style="text-align: center;">SAMRAT ASHOK TECHNOLOGICAL INSTITUTE (Engineering College), VIDISHA M.P. (An Autonomous Institute Affiliated to RGPV Bhopal) Department of Electrical Engineering</p>											
Semester/Year		III /II		Program				B.Tech			
Subject Category	Departmental Course-Lab	Subject Code:		EE 305		Subject Name:		Workshop- II (Electrical Instrumentation and Drawing Lab)			
Maximum Marks Allotted								Contact Hours			Total Credits
Theory				Practical			Total Marks	L	T	P	
ES	MS	Quiz	Assig	ES	LW	Quiz					L
-	-	-	-	30	10	10	50	-	-	4	2
Prerequisites:											
Fundamentals of Electrical Engineering, Engineering Physics.											
Course Objective:											
<ol style="list-style-type: none"> 1. Impart the knowledge of measurement systems, errors and its analysis. 2. To provide the knowledge of different types of instruments used in electrical engg. 3. To provide knowledge of galvanometers, wattmeter, megger, flux meter, multimeter etc. 4. To acquire knowledge of measurement of energy and to understand instrument transformer. 5. To understand power factor meter, resistance measurement and magnetic measurement. 											
Course Outcomes:											
<p>At the end of this course, students will demonstrate the ability to</p> <p>CO1: Able to understand and perform the experiment to calculate the R, L and C using different bridges.</p> <p>CO2: Able to analyse the behaviour of different transducers.</p> <p>CO3:- Able to understand and draw the different symbol involve in electrical Engineering.</p> <p>CO4: Able to understand and draw the different layout and circuit diagram involve in electrical system.</p> <p>CO5: Understand the connection of different wiring system.</p>											
UNITS										Hrs	CO's
										30	
Suggestive list of experiments:											

Signature of BoS members:



Electrical Instrumentation			
<ol style="list-style-type: none"> 1. Measurement of Inductance of coil using Anderson Bridge. (CO1) 2. Measurement of capacitance using Schering Bridge. (CO1) 3. To determine the frequency by Wien's bridge. (CO1) 4. To determine unknown inductance in terms of known capacitance and quality factor by Maxwell's bridge. (CO1) 5. Measurement of frequency and voltage of unknown signal using CRO. (CO2) 6. To determine unknown capacitance by using the De-Sauty bridge. (CO1) 7. Measurement of displacement by using LVDT. (CO2) 8. To performance characteristics strain gauge. (CO2) 			
Electrical Engineering Drawing			
<ol style="list-style-type: none"> 1. To draw electrical symbols used in circuit diagrams, such as resistors, capacitors, inductors, switches, and various types of electrical sources. (CO3) 2. To understand and draw grounding layouts for electrical systems (CO4) 3. To understand and draw wiring diagrams that illustrates the connections and layouts of electrical systems, such as lighting circuits, motor control circuits. (CO4) 4. To understand and draw the stair case wiring, corridor wiring(CO5) 5. To get the basic knowledge of electrical AUTO CAD and draw symbols using it (CO5) 			
Text Book-			
<ol style="list-style-type: none"> 1. A.K.Sawhney, "A course in Electrical and Electronics Instrumentation". Dhanpat Rai & Co 2. C.R. Dargan, "Electrical Engineing drawing", publisher paperback. 			
Reference Books-			
<ol style="list-style-type: none"> 1. E W Golding & F C Widdis, " Electrical Measurement & Measuring Instruments", Publishing Vediton, Wheeler 2. Ankit Agarwal and Madhvi Gupta, "Electrical Engineering Design, Drawing & Estimation", publisher paperback 			
Modes of Evaluation and Rubric			
Practical (30)	Attendance (10)	Viva/lab performance (10)	Total (50)
List/Links of e-learning resource			
<ul style="list-style-type: none"> • Virtual Lab 			
Recommendation by Board of studies on		7 th June 2023	
Approval by Academic council on			
Compiled and designed by		Dr. Jitendra Singh Shakya	
Subject handled by department		Electrical Engineering	

Signature of BoS members:



 <p style="text-align: center;">SAMRAT ASHOK TECHNOLOGICAL INSTITUTE (Engineering College), VIDISHA M.P. (An Autonomous Institute Affiliated to RGPV Bhopal) Department of Electrical Engineering</p>											
Semester/Year		III/II		Program				B.Tech			
Subject Category	MAC	Subject Code:		MAC 301		Subject Name:		Energy Ecology Environment & Society			
Maximum Marks Allotted								Contact Hours			Total Credits
Theory				Practical				Total Marks	L	T	
End Sem	Mid-Sem	Quiz	Assig	End Sem	LW	Quiz	L				T
-	-	-	-	-	-	-	-	-	-	-	Grade
Prerequisites:											
Basic of Chemistry, Basic of Physics											
Course Objective:											
The main objective is to get familiar with the air pollution, sound pollution, its effects, remedies To get knowledge of different sources available in the system To get knowledge of ecosystem life cycle											
Course Outcomes:											
CO1: Able to understand the different sources available for energy generation. CO2: Able to understand the effects of ecosystem and its cycle. CO3: Able to understand and evaluate the adverse effect of air pollution in society. CO4: Able to understand and evaluate the adverse effect of water pollution in society CO5: Analyse the effect of pollution on the human health, society as well as moral duties required to get the environment free from these effects.											
UNITs	Descriptions							Hrs	CO's		
I	Energy- Sources of Energy: Renewable & Non Renewable, Fossil fuel, Biomass Geothermal, Hydrogen, Solar, Wind, hydal, nuclear sources.							6	CO1		
II	Ecosystem – Segments of Environment: Atmosphere, hydrosphere, Lithosphere, biosphere. Cycles in Ecosystem – Water, Carbon, Nitrogen. Biodiversity: Threats and conservation							6	CO2		
III	Air Pollution & Sound Pollution - Air Pollution: Air pollutants, classification, (Primary & secondary Pollutants) Adverse effects of pollutants. Causes of Air pollution chemical, photochemical, Green house effect, ozone layer depletion, acid Rain. Sound Pollution: Causes, controlling measures, measurement of sound pollution (deciblage), Industrial and non – industrial.							6	CO3		

Signature of BoS members:



IV	Water Pollution– Water Pollution: Pollutants in water, adverse effects. Treatment of Domestic & Industrial water effluent. Soil Pollution – Soil Profile, Pollutants in soil, their adverse effects, controlling measures.	6	CO4
V	Society, Ethics & Human values– Impact of waste on society. Solid waste management (Nuclear, Thermal, Plastic, medical, Agriculture, domestic and ewaste). Ethics and moral values, ethical situations, objectives of ethics and its study . Preliminary studies regarding Environmental Protection Acts, introduction to value education, self exploration, sanyam & swasthya.	6	CO5
	Expert Lecture		
Total Hours		30	
Suggestive list of experiments:			
Null			
Text Book-			
<ol style="list-style-type: none"> 1. Brunner R.C., 1989, Hazardous Waste Incineration, McGraw Hill Inc. 2. Cunningham, W.P. Cooper, T.H. Gorhani, E & Hepworth, M.T. 2001, Environmental Encyclopedia, Jaico Publ. House, Mumabai 			
Reference Books-			
<ol style="list-style-type: none"> 1. Harris, CE, Prichard MS, Rabin’s MJ, “Engineering Ethics”;Cengage Pub. 2. Svakumar; Energy Environment & Ethics in society; TMH 3. Bala Krishnamoorthy; “Environmental management”;PHI 4. Joseph, B. Environmental Studies, 2009 Tata Mcgraw Hill, Edu India Ltd. New Delhi. 			
Modes of Evaluation and Rubric			
Grade			
List/Links of e-learning resource			
<ul style="list-style-type: none"> • NPTEL 			
Recommendation by Board of studies on		7th June 2023	
Approval by Academic council on			
Compiled and designed by		Dr. Monika Jain	
Subject handled by department		Electrical Engg. Department	

Signature of BoS members:



Handwritten signatures of BoS members, including names like Jain, Ray, and Jain.

 <p style="text-align: center;">SAMRAT ASHOK TECHNOLOGICAL INSTITUTE (Engineering College), VIDISHA M.P. (An Autonomous Institute Affiliated to RGPV Bhopal) Department of Electrical Engineering</p>											
Semester/Year		III / II		Program				B. Tech			
Subject Category	Holistic Education course		Subject Code:	EEHE-308		Subject Name:		Introduction to Yoga for Well-being			
Maximum Marks Allotted								Contact Hours			Total Credits
Theory				Practical			Total Marks	L	T	P	
ES	MS	Quiz	Assig	ES	LW	Quiz					L
-	-	-	-	-	-	-	-	-	-	-	Grade
Prerequisites:											
Early to bed and early to rise											
Course Objective:											
Yoga education helps in self discipline and self-control, leading to immense amount of awareness, concentration and higher level of consciousness. Briefly the aims and objectives of Yoga education are: 1) To enable the student to have good physical health. 2) Practice of keeping hygiene.											
Course Outcomes:											
On the successful completion of this course student should be able to: CO1: Yoga improves strength, balance and flexibility, Yoga promotes better self-care. CO2: Yoga can ease arthritis symptoms, Yoga benefits heart health. Yoga helps you manage stress, Yoga helps with back pain relief. CO3: Yoga relaxes you, to help you sleep better, Yoga can mean more energy and brighter moods. CO4: Perform the physical exercise with slow and fast walk, cycling. CO5: Introduce the concept of health- Physical, mental, social and spiritual health											
UNITs	Descriptions								Hrs.	CO's	
I	Yogasanas Part 1: Meaning and classification of Yoga, benefits of yogasanas, Types of Yogasanas - Ardha Chakrasana, Tadasana, Trikonasana, Veerabhadrasana, Parshwa Konasana, Bhujangaasana, Padahastasana, Ustrasana.									CO1	
II	Yogasanas part 2: Padmasana, Ananta Shyanasana, Pavana Muktasana, Purvauttanasan, Sarvangasana, Halasana, Gomukhasana, Shavasana, Makaraasana.									CO2	
III	Pranayama : Bhastrika, Bhramari Pranayama, Anuloma pranayama, Kapalbhati Pranayama, Bhramari Pranayama, Ujjayi Pranayama, Sheetkari pranayama, Simhasana.									CO3	

Signature of BoS members:



IV	Physical Exercise: Warm up, Running, slow and fast walk, Cycling, Skipping, Planks, Push-Ups, standing knee lift, stretching .		CO4
V	Yoga & Wellness: Holistic health care- concept of health- Physical, mental, social and spiritual health-- Drug de-addiction-Disease prevention-Relaxation Techniques		CO5
Total Hours		30	
Suggestive list of experiments:			
Text Book-			
<ol style="list-style-type: none"> 1. Yogacharya Mitthanlal, Sampurna Yogasan , Sahni publication Delhi, 2009 2. Swami Satchidananda, The Yoga Sutras of Patanjali, Integral Yoga Publications, 2012 			
Reference Books-			
<ol style="list-style-type: none"> 1. B.K.S. Iyengar , Light on Yoga: The Classic Guide to Yoga by the World's Foremost Authority, Thorsons publication, 2006. 2. The Seven Spiritual Laws of Yoga By Deepak Chopra. 3. The Secret Power of Yoga: A Woman's Guide To The Heart and Spirit Of The Yoga Sutras by Nischala Joy Devi 			
Modes of Evaluation and Rubric			
Grade			
List/Links of e-learning resource			
<ul style="list-style-type: none"> • Yogasanas: Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homoeopathy (AYUSH), Government of India - Yoga Portal: https://yoga.ayush.gov.in/yoga/ Art of Living Foundation - Online Yoga Classes: https://www.artofliving.org/yoga/yoga-online • Pranayama: Yoga International - Pranayama Resources: https://yogainternational.com/article/view/pranayama-resources Yoga Journal - Pranayama Techniques: https://www.yogajournal.com/practice/poses/types/pranayama • Physical Exercise: Fitness Blender - Free Workout Videos: https://www.fitnessblender.com/videos Darebee - Exercise Library: https://darebee.com/exercises.html • Yoga & Wellness: International Association of Yoga Therapists (IAYT) - Resources: https://www.iayt.org/page/Resources Mayo Clinic - Yoga: A way to stay flexible and balanced: https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/yoga/art-20044733 			
Recommendation by Board of studies on		7 th June 2023	
Approval by Academic council on			
Compiled and designed by		Prof. C S Sharma & Prof. Deepti Jain	
Subject handled by department		Electrical Engineering	

Signature of BoS members: